

Weatherpane



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New Cafe Service



Cafeteria, under consultation of Saga Foods, plans to provide better food and service.

by Scott Rayer

"The main consideration in any cafeteria is the student, the main customer," declared John Sobrero, the managing consultant for the San Mateo Community College District cafeterias. Sobrero works for the consulting division of the Saga Food Corporation.

"The basic and broad range things are to make the cafeteria more responsive to students' needs. We want to make it more efficient in the sense that it serves the greatest number of students possible and we want to make it possible for the students and personnel in the cafeteria to communicate with each other," Sobrero said optimistically. He elaborated that the students should have a say on what they would like in foods and services. The cafeteria's employees can be responsive if the needs could be filled or not and why. He hopes a friendly repertoire can be achieved through this and help stimulate business.

A major change in the cafeteria program is the separating of it from the Food Technology program. Sobrero dwelled on the facts that there was confusion as far as priorities were concerned when the two were together. The confusion has now been alleviated.

Within a few weeks, a fruit stand may be set up in the cafeteria with a large assortment of fresh fruit available.

Some of the smaller changes that were suggested from Saga to be implemented are: Have new signs posted; install different juice machines; change the 10 and 14 oz. drinks to 8 and 12 oz. at

lower prices; have refrigeration for the serving lines; and a second cashier. John Rhoads explained that these are not big items, but the little ones that come along will eventually make the big changes.

Sobrero has been working with the cafeteria program at CSM since last January. Since then it has netted a profit for the first time in many years.

The President of CSM, Dr. David Mertes, has nothing but praise for the improvements Sobrero and the Saga Corp. has made on their cafeteria. "I'm very pleased by it, the quality of the food has improved and the variety has broadened," said a satisfied Mertes.

He mentioned the only major problem they have is in serving the customers due to the large volume of people they deal with. So many students and faculty members patronize it that they had to reopen the snack bar to relieve the burden.

CSM experimented with Saga consulting services from last January to June and Mertes wants to continue it because of the successful results.

The San Mateo Community College District has contracted with Saga at \$33,000 a year for consulting services at Canada, CSM, and Skyline colleges. Approximately \$4,000 has been allocated to Canada.

Saga Food Corp. provides food services under contract to industries, businesses, colleges universities, and hospitals. It also owns four restaurant chains, Velvet Turtle, Stuart Anderson's Black Angus, The Refectory and Straw Hat Pizza Palaces.

Master Plan Revision

by Tony Arnason

The original master plan for the San Mateo College District was completed in 1958. Since that time student enrollment has drastically changed the educational needs of the community.

To understand what new direction teaching and building priorities should go in the changing conditions, the District secured the services to Tadlock Associates. To explain how Tadlock's \$76,000 contract will give the district a clearer view of fulfilling its community needs, the Weatherpane interviewed Mearle Cannon, one of the 12 Tadlock employees at its Los Altos headquarters working on the contract.

Cannon described the essence of the project. "Other Master Planning firms go into the institution and come out with their plan. Tadlock is unique. Instead of producing a plan that might be obsolete by changing conditions, we're showing the District how to produce their own master plans. By showing the process that produces a plan, we will do away with the District's future need for

a master plan consulting firm."

The process consists of a three unit body: Two committees and a staff. The District Master Planning Committee (DMPC), will be the policy-making organ which will send the master plan proposal to the Board of Trustees. The 20-member DMPC will be made of students, administrative personnel and persons from the community.

On the college level, the three



Mearle Cannon explains the Tadlock process for Master Planning.

Campus Master Planning Committees will serve as an input to the DMPC. This will be accomplished by each campus committee having at least one of its members on the District Committee.

The 11-member planning staff will obtain information that is pertinent to issues before the DMPC. It'll also produce alternatives based on the statistics the staff compiles. The district staff will have no decision-making power on the options they produce. Only District personnel will man the staff.

According to Cannon, the DMPC nor all the CMPCs have been organized yet. The district staff has been picked with two instructors coming from Canada: Philosophy-Statistics instructor James Upton and Economic instructor Pat Manning.

Besides forming the committees and staff to work on future master planning, Tadlock will make a report on budget priorities for the 75-76 school year. The report will be released this January.

(Continued on Page 8)

Tutoring Service Available

For students having problems in any school subject, the Tutorial Service in Building 16, Room 5, can be a solution to your learning difficulties. This service, open for all students and tutors, should be available from 8 to 4:30 p.m. on a drop-in basis.

Students who would like to be tutors can earn one unit of credit (with a maximum of four) for every five hours of work they put in through Cooperative Education. Qualifications are a grade of B or higher in the subject being tutored, or on recommendation from the instructor.

The tutorial program has been in operation since 1969 as part of the Student Development Program (SDP).

Al Archuleta, the Tutorial Service coordinator, stated, "it needs to be stressed that the faculty needs to identify students who are in need of tutorial help and sit down with them to make them aware of the services that are available to them"

For any questions concerning the Tutorial Service or the SDP,

come to their office in Building 16, room 5. Archuleta invites anyone who needs or is willing to give help to please stop by. Tutors are in demand to fill the subjects of German, Economics, History, Social Science, Philosophy, and many other fields of study.

Skinner Head of Innovation and Curriculum

Byron Skinner, history dynamo, will head the newly appointed Committee on Innovation and Curriculum Review. The Committee, composed of representatives from every division and other interested faculty, will support the functions of the Dean of Instruction, Leland Mahood, and work cooperatively with the Curriculum Committee.

Trying to ascertain what progressive and innovative ideas can be implemented at Canada College is the Committee's charge. Skinner, dashing off to

Student Counsellor Aides Receive Special Praise

Thirteen Canada students who served as counselor aides during registration received special praise from Joe Marchi, assistant dean of students, last week. "The students performed a variety of tasks during the registration period," Marchi said, "and served in many cases to 'break the ice' for students who felt more comfortable questioning their peers."

Counselor aides are Rick Fajardo, Sally Mee, Carol Morgan, Mary Susan Muldown, Kevin Murphy, Madeline Nager, Scott Rayer, Ricky Snowden, Cindy Vaught, Laurel Wilcox, Anna Borsky, Ericka Eskin and Peter Hooper.

class, stated: "I'm looking for a mechanism which will enable students to feed ideas to the Committee also".

He sees the Committee as "a sounding board for gathering and disseminating information which will help faculty and students realize high quality teaching and meaningful learning".

Skinner's office is in building 13-122. Catch him if you can. He's usually on the move.

You Autumn Join In

Jay Hall

Another Autumn has been thrust upon us. For the most part, I would just as soon see the summer stick around a while longer. Fortunately, I'm not allowed a choice

This season brings me many things, it's own unique set of gifts, some delightful, a few I wish has been given to someone else.



The shorter, cooler days open visions of a warm fire and a bean bag chair.

Every Fall I always have a sense of exhilaration and challenge that starting back to school brings. The failures and traumas of the coming semester, unfulfilled deadlines, tests with so many errors they look like

someone bled on them, are all neatly tucked away. It's "get in there and pitch" time.

Like geese flying south, every flu bug in town heads for my body the first month of the season. Nothing serious you understand, just a yearly plague I've resigned myself to.

Autumn is also the beginning of my yearly pledge to "get some exercise." Limping around with

The Fall Uprising was clearly a resounding success. I couldn't keep from thinking what a lovely time a donkey would have, eating all those flowers. I've never seen everyone so gay and alive, so early in the year. Kent Crockett, Roy Harris, and all involved in organizing the Uprising deserve a generous "Thank you."

Soon the sunshine that walks with us will turn to rain. Nature will make green fashionable again.

Canada after 2 o'clock during the fall is material for another year of "The Twilight Zone." Gray skies, deserted walks and lawns, gale force winds, all make me feel like I'm on somebody's TV screen.

This is the time to be indoors. Plays in the theater, basketball games, dances, sitting in warm classrooms. The more time I spend outdoors, the longer my yearly plague stays. I wonder where all those poor dogs go when it rains?

I think Autumn is a good time for people. Despite the wetness, it's a crisp, fresh season. It's a time for people to be together, to feel the warmth of each other. It appears the folks at Canada are off to a good start. The problem now is to persuade everyone to join in. The more people involved, the richer the experience will be for all.

It was only a week ago I realized how much I received at Canada and how little I put back in.

blisters pounded into my feet. swearing under my breath never to play basketball again, I keep thinking "Lord, I'm growin' old." How could such young muscles feel so old?

Despite my personal trials, Fall has always been good to me. This gifted season has already begun to come through for Canada.

SDP Provides Specific Services

"The Student Development Program at Canada exists to provide specific services and support to minority and disadvantaged students on campus. Our program is open to any student who feels he needs our services."

So said Ernie Rodriguez, counsellor in SDP, which is located in 16-5. Ella Gray is director of the program, and the assistant's position is currently vacant. Al Archuleta is tutor coordinator.

The program includes the following services, Rodriguez said:

— Paid tutorial assistance in any subject area.

— Counselling service on a much lower student-counsellor ratio than is possible in the general counselling program. The SDP ratio is 100 students to 1 counsellor; regular ratio is 500 to 1.

— The Prison Project. Aims of this program combine getting prisoners out of jail and into the community and campus, and attempting to change conditions within the prisons.

— The English Institute, under the direction of Gil de la Rocha. This two-year program is for Spanish-speaking persons who may be isolated within their barrier. Its specific aim is to prepare them for general studies.

— A loan fund for textbook purchases.

— Counselling with personal problems.

— Help with transportation to and from the campus.

— Aid with community contacts. The SDP staff is composed entirely of minority persons, and each maintains contacts within the minority communities of East Palo Alto and Redwood City.

— A special course, Guidance 10. This two-unit course is programmed to inform students about four-year colleges, aid them with their study skills and

English problems, and help develop motivation.

— Liaison with four-year colleges and specific courses offered for minority students, including all EOP programs.

Rodriguez expressed concern about the future of SDP, which has lost personnel since last spring. Student enrollment is also down somewhat from its peak of 200 plus students. One problem engendered by the smaller staff is lack of time for recruitment of minority students from the community.

Community Service Offerings

Expand your awareness with two Community Service offerings.

Transactional Analysis Workshops, conducted by Dr. Jerry White and Ms. Terri White, offers a rational method for analyzing and understanding behavior, as well as fostering awareness, self-responsibility and genuineness. Based on the I'm O.K., You're O.K. concept, there are two separate sessions, each with separate workshops for beginners and advanced students. It is hoped beginners will remain in the same session should they choose to go on to an advanced workshop.

Saturdays, Session I: beginners, Oct. 5; advanced, Nov. 2, Session 2, beginners, Nov. 16; advanced, Dec. 14. Fine Arts

Bldg. Rms. 142 and 254, 9 a.m.-4 p.m. Fee \$10 per day.

Herbert Kohl, one of America's foremost teachers and finest writers about children will speak on new ways of teaching learning Wednesday, Oct. 9, 8 p.m. in the Main Theater on campus. The fee is \$2 general and \$1 for students. Tickets may be purchased in advance at the box office in building 3.

Kohl, author of "36 Children", "The Open Classroom" and most recently "Half the House", taught in elementary schools, and headed an experimental program in Berkeley schools called "Other Ways".

Harvard, Teacher's College, Columbia, as well as a fellowship at Oxford in philosophy, are among Kohl's credentials.

REPORT

Least Likely to Score

Dear Editor:

I can understand why "Fonzy" wishes to remain anonymous (Sept. 26 Weathervane). If his true identity were known, he would be recognized among the students as the biggest asshole on campus, otherwise known as LLTS (Least Likely to "Score"). Fortunately, it has been my experience at Canada that the majority of men on this campus do not share "Fonzy's" consciousness, if he has any.

As a woman, nothing angers me more than: 1) being judged by personal appearance, 2) being called a "broad" or "chick," and 3) having my sexual experiences

pad somebody's "score." Intimate experiences are special, spontaneous moments that occur between mature men and women as personal expressions of warmth, and they should have some degree of depth and meaning. Can you imagine what it's like to reflect on such a special experience with warm feelings, only to discover that the male participant was only trying to get his ego together by adding to his "score?" That devastation alone is enough excuse "for you guys not to score," as "Fonzy" so quaintly expresses it.

Being referred to as a "broad" is further indication of what "Fonzy" thinks of women. We are only objects in his mind, not real enough to be referred to in human terms.

It is not flattering in any sense to be given "a solid 8.5 on a scale of ten," when one is obviously judged on superficial attributes. Unless this man has taken the time to plumb the depths of each individual woman's psyche (not body), he is in no position to determine where we stand on any scale. (And wouldn't it be sensible to drop comparative scales entirely, considering the extenuating circumstances which render all of them invalid?) One of the greatest illnesses in our society is the high value placed on people, things, ideas, and governments appearing great by the use of cosmetics, rather than any effort made to get at the core where the truth exists.

Although it goes against my grain to wish misfortune on any individual, if "Fonzy" doesn't raise his consciousness, I sincerely hope that his "scoring" device falls off from lack of use.

Love to my brothers and sisters,
Marilyn Meyer

Fonzy's Fate

We, the concerned women of the Women's Action Center of Canada were sorry to read the article in the Sept. 26th Weathervane by "Fonzy," titled, "Fonzy's Fatal Fall."

Women being the majority sex at Canada (3,851 female students to 2,777 male), it is disheartening to find ourselves once again placed on meat hooks by the Weathervane staff.

We intend on taking over space on campus to have a stationary Women's Center and thereby making Female the place to be on campus. Our aims are to provide encouragement, counselling and the much needed support for all campus women. Together we will find all sources open to help campus Women through and out of Canada.

In the future we hope to see a ground swell of objection from all campus women against such blatant anti-human articles.

Clare Meyer
Melaine Paul
Carol Janus
Sally Pitskey

Cooper Revisited

Dear Canada Students:

As WEATHERVANE editor in the spring, I repeatedly attacked the student body for its lack of interest toward the college and its overall lifelessness. My "anti-apathy" editorials drew considerable criticism, as one would expect, from the group it attacked. But I believe my efforts to inject any life into what one frustrated former student called "a dying institution" have failed miserably.

My first three weeks at CSU, Sacramento have been a refreshing contrast to my two years on the hilltop. It would be logical to assume that a junior college of 3,000 day students would be much friendlier than a state university with an enrollment of over 19,000. I've found, however, that just the opposite is true. Sac State students do the extra little things that make going to classes more bearable—like smiling or saying "hi" to passing strangers, or staying on campus to study or just relax in the sunshine long after classes have ended.

One year ago, in the October 5, 1973 WEATHERVANE, unsuccessful ASCC presidential candidate Carl Moore made a statement which beautifully defined the "Canada problem." He said, "The cloud of apathy which seems to hover above this campus may very well be nothing more than a shadow of loneliness." Apathy, boredom, loneliness, alienation— it's all part of the same disease, a disease which in recent semesters has reached epidemic proportions at Canada.

You have a great opportunity to help make Canada a dynamic institution, a center of educational growth and community pride. The college is still young; it is blessed with an abundance of energetic, caring professors, and it is built in an enviable setting of natural beauty. But unless you make an effort to love your fellow students and take pride in Canada, it will die before it has a chance to realize half its potential.

Peace and Love,
Bob Cooper

Cultural Shock Confronts For Students

by Tony Arnason

For the 57 students from 23 foreign countries, Canada is an unique experience. Besides trying for a college degree, the foreign student has the harder job of assimilating American culture. And thru it all, establish their own identity.

On the third level of building 13 resides Jim Steidel, the faculty advisor of the International Cultural Exchange (ICE), on campus. On his white wall is a brown La Raza poster. As he looks out of his window to an overview of the frizbee lawn he begins the interview. "When Canada opened there was no tuition for foreign students, they were carried by the District as valuable cultural transmitters."

Explaining the importance of having a grassroots interchange of different cultures and traditions Stiedel stated, "most of our government's international communication is done by our politicians. Consequently it's rare when we get to communicate with the common man who lives in other areas. But having such a cosmopolitan group at Canada gives us the chance to intimately know other cultures and lands."

Steidel noted in 1971, the district set \$550 (upped last semester to \$676) as tuition for foreign students. The idea of the tuition was to be fair to out-of-state students who had to pay for their units. But concluded Steidel: "One of the results of tuition is we get more students

from the upper economic class and fewer from the lower class."

Across the pit, in the corner of building 18 is the office of James Collins, Canada's foreign student counselor. Collins is standing above his desk which is incredibly flooded with papers. Looking at just two weeks of



James Collins, foreign student counselor.

memos, he asks under his breath, "Why can't the district allot secretaries to foreign advisors?"

After getting over his lack of office help he begins to ramble out information about one of his specialties. "The physical problem is a lack of housing and finding a job. The psychological problem is the cultural shock a foreign student receives when he arrives," Collins stated.

Housing (work for room and board) is difficult to obtain because there is a lack of it on the

Peninsula. Collins declared, "We're always competing with Stanford for the limited space available."

Collins noted that with high unemployment, the Immigration authorities have gotten tighter about work permits. "I used to issue summer work permits. Now the foreign student has to go to San Francisco to get it."

Asked how the college attempts to adapt the student for American culture Collins replied, "We teach guidance and introduction to American culture classes."

"However," he concluded, "It hasn't been enough to cushion the shock. Last year a foreign student had a mental breakdown because he couldn't adapt."

One of the three American students active in ICE is black haired, Susan Muldown. Ms. Muldown has been a high school exchange student in Chile and has traveled in Europe.

Muldown has found many foreign students feel Americans are cold. "But that's not it. Most people are just shy and insecure out of their circle of friends. Foreign students would be surprised how many American student relationships never get more substantial than the 'hi, how are you' bit."

One of the problems confronting foreign students is the usual conversations they encounter. Muldown states, "It usually never gets beyond, 'How was the flight over? Gee, your English is good,' or some shallow question about the foreign student's country. Then the

conversation ends."

Rick Jaramillo with a mother from South Dakota and a Peruvian father grew up in Peru. Last semester he came to Canada and is currently active in ICE. He explains ICE functions as a tool to get foreign students to know other people. "Usually they get to know other foreign students first, because of their common bond of encountering a strange land. Later on, they get to know American students."

He recounts that adjustment to the American way is difficult. "At least it was for me. I was just getting to know myself when I came to Canada. Coming here added another factor onto my identity problem. There's a

question as to how much American slang and custom to adopt."

Jaramillo admitted the acclimation period depends on the person. "But usually if you can make it for the first six months to a year you will have adapted."

To the American students his foreign counterpart is usually just another body doing Canada's 8 to 2 routine. However, according to some people around campus, to ignore the unique needs and assets of foreign students is a cultural waste. Hopefully more of Canada will see foreign students for what they are — a valuable medium in understanding the world community.

Media Learning Center

The "Media Learning Center" is a place you'll be hearing more of in the future. Pat D'Epiro, chairman of what used to be Audio Visual Services, announced the name change, which hopefully describes the expanded activities that go on in the Learning Center located adjacent to the Bookstore. The Center is open 8 a.m. — 4:30 p.m. each week day and Sat. 8 a.m. — 1 p.m.

D'Epiro is busy developing instructional programs with faculty members which will meet student's individual needs. Learning modules will make available tapes, records, film strips, slides and t.v. presen-

tations in many areas of study. "The beauty of this setting is that a student learns at his own pace and at a time convenient for him or her" said D'Epiro.

Audio-Visual Lab, a work-study program initiated this year by D'Epiro, enables students to learn about the complexities of the sophisticated equipment while actually providing the campus with a vital service. The course is offered as an independent study course in the "48" category and 1 and 2 units are available depending on time spent. Fourteen students are eagerly pursuing the course at present.

D'Epiro hopes to develop more

classes to generate personnel for new jobs which have developed from expanding the services of his department. He is also in the process of exploring a "media technologist certificate". "Meeting students' unique learning styles, which vary drastically, using everything available to us, is the Media Learning Center's goal," stated D'Epiro.

If you need to tape record a lecture, listen to a language tape, or want to discover the fine points of Bach or Beethoven, to name just a few things the Center can help you with, Pat D'Epiro and his able staff are ready and willing to assist you.

National Organization of Women

"NOW More Than Ever" sets the theme for the Third Annual Convention of the California division of the National Organization for Women (NOW).

Karen DeCrow of Syracuse, N.Y., National President of NOW, will keynote the convention, to be held at the San José Hyatt House on the weekend of Oct. 25-27. Ms. DeCrow, an activist member of NOW since it was organized in 1966, holds a J.D. degree and is an author and editor. Her recent book, *Sexist*

Justice, defines the traditional legal double standard that still plagues women today.

The 2,000 women and men from all parts of the state of California who are expected to attend will spend their time in workshops and strategy planning sessions dealing with issues such as abortion, rape, equity in legislation, consciousness raising, and the rights of minority, lesbianism, and older women.

Registration is \$15 for members and non-members \$20.

Art/Literary Issue Request

The Weathervane staff is in the process of organizing this semester's Art/Literary issue. All poetry, prose, art, and photographs will be gratefully accepted and may be turned in anytime at the newsroom, bldg. 13 room 112.

The theme for this issue is along the lines of "rebirth of a campus" or anything conducive to the demise of apathy at the college. Be your own judge.

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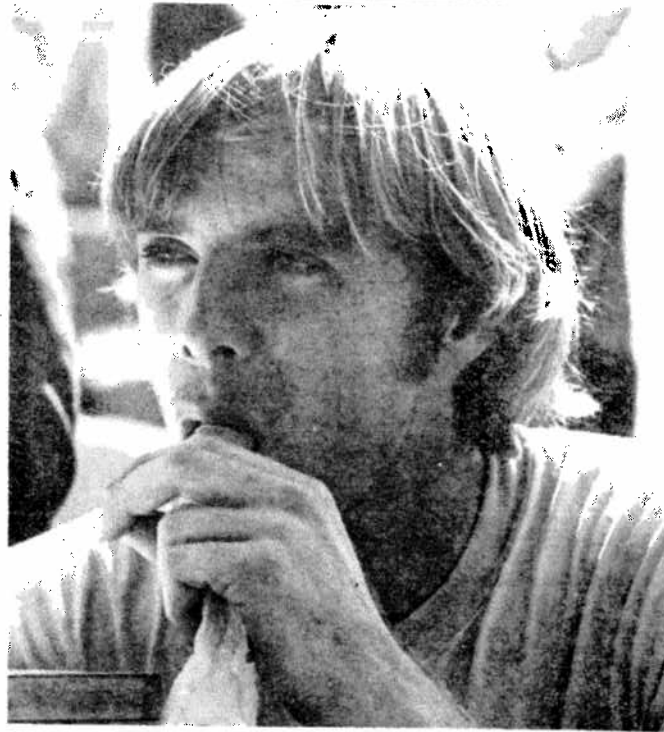
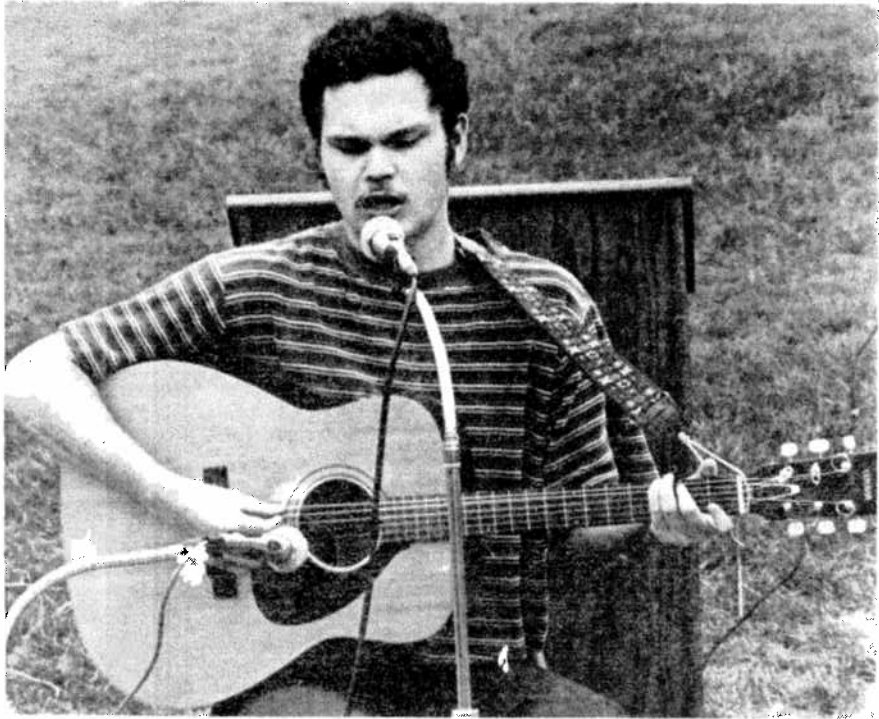
Fall Uprising

Means



Photos by Jeff Weiss and Shane Fuesier

Togetherness



Andrew Fraknoi-Astronomer Extraordinaire

by Jim Schwartz

Andrew Fraknoi, Canada's Astronomy Instructor, has been appointed to a national astronomy committee on education, for the American Astronomical Society.

The Society is the major group of astronomers in the United States. For a long time they were concerned with research, but now are starting to show some interest in education.

The appointment was made at the Society's recent meeting in Rochester, New York. At the meeting Fraknoi presented a paper on how his Astronomy 10 class designed an "Astronomy Attitude Survey" and submitted it to 3000 people. They found out the people did not know very much about astronomy, but they were interested in it, but they also didn't know where to go for information on it. According to

Fraknoi, "This was the first piece of research where they interviewed the public and got them to talk about astronomy."

The committee will supervise the publication of educational materials, coordinate workshops for high school teachers and answer any questions instructors might have. On the ten-member committee, Fraknoi is the only representative from a community college.

Fraknoi was born in Hungary, but left with his family during the Hungarian Revolution and eventually settled in America. He has been here since 1959.

Fraknoi has always been interested in science and thought astronomy was the most romantic. He is fascinated with the questions, how big the universe is and how it got started.



Andrew Fraknoi, only junior college representative on the national Astronomy committee for the American Astronomical Society.

At 26, he has a B.A. from Harvard and an M.A. from University of California, Berkeley. He has been teaching at Canada for two years. "I've always been interested in teaching and with a Masters your teaching options are limited. I like the Bay Area and of the jobs that were available then, Canada was the best. Canada is a nice place to teach. I plan to get a Ph. D., but not right now."

He teaches three classes on astronomy: Astronomy 10, Introduction to Astronomy; 17, Planets and Extra-terrestrial Life; and, 12, Theories of the Universe. "Since I've been here I've tripled the astronomy program and tripled the enrollment in each of the classes. Astronomy 10 has been overflowing ever since I've been here."

Along with teaching, Fraknoi is the consulting editor of Mercury, an astronomy magazine for the layman.

On Oct. 8, 1 p.m., as part of Program 70, Fraknoi will show the film "Dead of Night" in the Main Theater. The movie is a classic horror film which had an influence on a radical new theory of the universe. The admission is free. The film will be reshow Oct. 9, at 7:30 p.m., in Building 3 Room 142. Admission is also free.

Class Ads

Classified ads are free of charge in the Weathervane. There is a 25-word limit to an ad, and it must be submitted no later than Monday, noon at the Weathervane office in building 17, room 112.

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Jeanne Armstrong Speaks on 'World Hunger Week'

Janet Santos

In recognition of "World Hunger Week", Lois Cunningham, social science teacher, introduced Jeanne Armstrong, West Coast Regional Director of CROP, the Community Hunger Appeal of the Church World Service located at 942 Market in San Francisco, to sociology classes on campus.

Mrs. Armstrong presented a strong appeal for students to become better informed about food supplies saying "We are

coming into a decade in which we need radical change in production, distribution and consumption of food". Global hunger will be the focus of a World Food Conference in Rome on Nov. 5-16. International grain reserves, aid and trade agreements will be discussed by members of the United Nations.

"Weather patterns of drought and famine will have to be dealt with globally" Ms. Armstrong continued, "as the Sahara Desert moves 30 miles ahead each year

and wipes out the economy of a whole people who depend on that land for food, 24 million people are going to have to find a new place."

"The drought in Africa is in its eighth year. Last year 200,000 people died in Ethiopia and one and a half million people are living on the brink of existence in the Sahara area right now." Jeanne Armstrong sees Africa as

the harbinger of countries around the equator because of climatic changes taking place.

Citing the government figure of a 13 percent increase in food prices (which Ms. Armstrong thinks is closer to 20 percent) she noted that "Americans spend 20 to 25 percent of their budget on food while families in some countries spend 80 percent of their money on food which has gone up 50 percent. People are eating less meat and more rice and beans in our country these days. Other people don't have these options" she stated emphatically. "In the U.S. we consume 2,000 pounds of grain per capita per year. Many of us get 3 1/2 times the protein we need". Clearly, we need to know more about nutrition.

"Medical programs provide death control while more children are produced who eat more food." While the problem is not confined to one answer such as population control, Ms. Armstrong said "I see the role of women's liberation to be crucial to the issue of population control. When women don't want to be stuck in the hut with four kids who are hungry, and it is possible

for them to make a real choice in this matter, the world will be changed".

Lois Cunningham joined the discussion asking "How many students would be willing to give up 10 percent of their food so that others might live?" She emphasized the need for thinking of ourselves as "international citizens". She reminded students "to ask elected representatives to clarify their positions on issues regarding land use".

Ms. Armstrong concluded saying, "planetary survival is very much our business. We are riders on the earth together. Thousands will die on our television sets in living color if we don't take steps to bring about changes".



Jeanne Armstrong of the Community Hunger Appeal of the Church World Service.

Bookstore Suggestions?

Students wanting to make suggestions on what you would like to have in the bookstore, should visit the manager, Karen Filipas, in her office. She would like to broaden the bookstore's services and feels that student feedback will be helpful.

One service upgraded is the shabby photo developing, so the same processing firm that handles the CSM and Fotomat accounts has been acquired for the bookstore. Ms. Filipas commented that, "the film is hand delivered and not mailed as it was in the past, this will help insure prompt service."

The complaints of high priced textbooks are never-ending. Ms. Filipas points out that the

publishers, by law, set the retail price of the books just like fair trade items. "If a student finds a textbook someplace else at a lower price, it's either an old edition or somebody didn't do their job in keeping the prices updated," Ms. Filipas stated convincingly.

She wants all students to know that textbooks purchased as used ones are still redeemable at the bookstore during buyback time at the end of the semester.

The myth that used textbooks cannot be bought back is not true. She explained that with more used textbooks sold back, they can save money for students the following semester with lower prices posted on used books.

Career Center Expanded

Rita Scoren is settled in the expanded facilities of the Career Center. New oval tables, blue chairs and carpeting, plus additional space and equipment make the Center a more efficient and inviting place to search for direction in study and work.

More than 150 tapes describing occupational possibilities are available this fall. Whether you are interested in oceanography, airline flight officer training, urban planning, jewelry making, film producing, hotel managing, fire fighting or horticulture, you can find out more about it at the Career Center. Films, in addition to tapes, are available in many fields.

Bill McDonald, intern from San

Francisco State, also staffs the Center. "I enjoy helping students make career and college decisions" said Bill.

Rita Scoren invites students "to drop by to read the many pamphlets describing jobs, or look up requirements of colleges in the catalogues at the Center". Career tests are administered and interpreted at the Center by appointment. The Center is located across and down the hall from the cafeteria, Room 206.

Counselor Bob Schey, overseer of the expansion project, stated "I hope to bring speakers to classes or have classes come to the Career Center so that students may connect a class they are taking with a career direction".

Colt Kickers Lose

"When you become goal hungry, you aren't going to win." So stated an upset Coach Sil Vial as Canada lost in its bid for a fifth straight victory, 4-3, to City College of San Francisco.

The game started out as if Canada would make a farce of it, jumping out to a quick 2-0 lead. The first goal came with only two minutes elapsed as Jose Esquivel scored with an assist from Polla Garibay.

The Colts second goal came about five minutes later as Mike Endsley found the net for the first of his two goals.

Canada then began to play sloppy ball. Coach Vial put in new personnel to try to give the Colts some life, but that did not pay off. City College got on the

scoreboard late in the first half to make it a 2-1 contest.

The team from San Francisco did not let up in the second half as they poured three goals into the Canada net. They clearly outplayed the Colts, keeping constant pressure on the defense.

Canada finally came to life with a little less than three minutes to go as Endsley closed the gap to 4-3. But there was not enough time for the Colts to mount another attack as they went down to only their third defeat.

Coach Vial was at a loss as to why the Colts put in such a shoddy performance. It was a tough one to lose as the Colts open their season tomorrow against Los Medonos.

HAVE YOU CONSIDERED ALL AVAILABLE OPPORTUNITIES???

MEN & WOMEN -

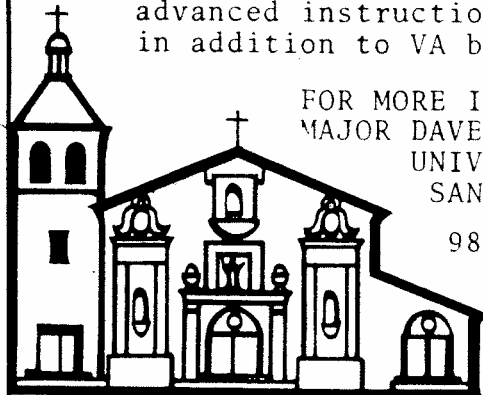
Did you know that men and women attending Canada College can now enroll in Army ROTC through DE ANZA and the UNIVERSITY OF SANTA CLARA? If you are in your first or second year of college you can enroll now, without an active duty obligation. Try the program for a quarter, if you like it and can qualify, you will receive \$100 per month during your junior and senior years of college.

SCHOLARSHIPS -

Students enrolled in Army ROTC can also compete for 3-year or 2-year scholarships which pay all tuition, fees, and cost of books at any college or university which offers an Army ROTC program. Additionally, scholarship students receive \$100 per month, tax free, during the period the scholarship is in effect. At the UNIVERSITY OF SANTA CLARA the scholarship amounts to approximately \$3,500 per year.

VETERANS -

Veterans who have been out of the service less than 5 years may qualify immediately for advanced instruction and \$100 per month in addition to VA benefits.



FOR MORE INFORMATION CALL
MAJOR DAVE DOYLE,
UNIVERSITY OF
SANTA CLARA
984-4454

Tell me more.

PROFESSOR OF MILITARY SCIENCE
UNIVERSITY OF SANTA CLARA
SANTA CLARA, CALIFORNIA 95053

Name.....

Address.....

City..... Tel.....

State..... Zip.....

College Planning to Attend.....

Anderson P.E. Chairman

Rich Anderson is starting his fifth year at Canada, but this one should be different than the previous four. Along with his duties of teaching tennis and coaching the tennis team, he was named Physical Education Chairman.

Lois Jacques, who held the position previously, took a years leave of absence.

At a staff meeting to pick the new chairman, the coaches wanted someone already on the staff who could do the job for the division. Anderson indicated an interest in the job and the division supported him.

The Physical Education Chairman is supposed to coordinate the entire division. According to Anderson, "I am responsible for and responsible to everybody in the division. I think we are a close division and I don't consider myself the boss. I consider myself as somebody who's in a position to simply coordinate and facilitate what this division does."

Anderson does not plan any major changes. He feels Canada has talented instructors and he would like to capitalize on that. Anderson hopes we could make a move toward some of the things we need such as a swimming pool.

Anderson expressed, "In terms of what student's do in a Physical Education program, we need the facilities to offer the activities, and more than just a classroom. If your teaching station is an athletic field, swimming pool, tennis courts, baseball field or a gymnasium, you need the expenditure to have the places to hold classes. We are operating with less than we need. We need a lot more than what's here now. I would like to be the thorn in somebody's side to get the facilities that we need."

Anderson's personal goals are to stay organized and stay on top of what ever comes up. "I feel it is important to do things now and not put them off until later."

The division goals are to publicize and promote what the division is doing for the entire campus: Make the students aware of what benefits there are from taking a P.E. class.

As a coach Anderson has a very impressive record: Four straight Camino Norte Conference titles (plus the conference tournament); three Northern California titles; and, two state championships.

Canada's Master Plan

What is the Master Planning Committee? It's a district wide committee designed to determine what action the colleges and district are taking now and what they should take in the next five years.

According to President Bob Stiff, "The new chancellor, Glenn Smith, is responsible for starting this committee. He saw the district was reacting to problems rather than forseeing them. The reports and findings of the committee will help to provide a coherent plan for the whole district."

Some of the areas being

As a coach, Anderson has an interesting philosophy, "I'm not concerned about wins or losses. What concerns me is striving to do your best and I expect that of myself and of the kids on the team. I think to deal with wins and losses is foolish. If I was worried about wins and losses I would schedule opponents that we could beat. We play some of the best colleges in California, such as Stanford, who are the National Champions. All I want is

for everybody to be reaching for the best that's within them. That includes me and from there winning and losing will take care of itself."

With that type of philosophy it's no wonder why he has a winning record.

If Anderson can handle the chairmanship the way he handles the tennis team, he will do an excellent job and we might just yet see a swimming pool.

Garza to Help Vets

Any veteran having trouble with his VA entitlement might want to visit Canada's new Veterans' Education and Training Representative Richard Garza, in 8-208. He has a direct line to the regional VA office, and says, "I get pretty fast response — generally, it doesn't take longer than a week."

Garza is on campus on Monday, Wednesday and Friday from 8 to 4:30, and from 1 to 9:30 p.m. on Tuesday and Thursday. He has no ability to advance funds to veterans having problems, but there is currently a VA student loan bill under consideration in Congress. The Bank of America does have an emergency student

loan fund, Garza said.

The Vet Rep, as he is called, is hired by the Veterans' Administration to serve GI students and aid them with their problems. There are about 100 Vet Reps in northern California, Garza estimated.

One of his own projects is to spend time at the Canada desk at the Fair Oaks Community Center in Redwood City and attempt to recruit more veterans into using their education benefits.

Garza is an Army veteran of the Vietnam War. He is a social science graduate of SF State, and taught a course in "Changing American Society" at SFCC. He is married.

Successful Fall Uprising

For two hours last Thursday, over 400 students, instructors and administrators got to know each other better.

President Stiff opened the affair by exclaiming, "The Uprising seems to have started a feeling of sharing talents and friendships with others. I hope it perpetuates throughout the year."

ASSC President, Alex Bernard spoke next. He welcomed everyone and pointed out that

Faculty Senate Meeting

Gilberto de la Rocha encourages all students to attend the Faculty Senate's Governing Council meetings. These meetings are held once a month in Building 3, Room 216, from 2:10 to 3:30 p.m. The next one is scheduled for October 15.

The students can express their views on a subject that's being discussed in the meeting, but cannot vote on the issues.

few students seem to know the ASSC role. He reviewed it and introduced student officers Jan Carey and Debra Ference who had helped get the Uprising together.

Later Malia DeFelicce came on with belly rippling, head swaying and hands slowly moving. Her troupe drums held the beat.

Behind the rug and crowd, was a red VW van dispensing free ice cream. It was courtesy of the California Marijuana Initiative chapter on campus. According to CMI spokesperson Roy Hansen, "we gave away over 1,000 cones and used over 30 gallons of ice cream. It all amounted to over \$80."

Before the crowd made an exodus to the sock hop, Kent Crockett made a statement. "Many of the activities at Canada are quiet ones. But this isn't, this is a time to pay attention to that person next to you. Say hello to one another, shake hands, rub an elbow in someone's ribs. Maybe even give a hug and kiss!" Crockett joyfully suggested.

Paul Reginelli, playing piano held the filled cafeteria captive. It took 30 minutes for the crowd to break loose to take off their shoes and dance.

Irish Setter Cuervo and his charge, Rick Fajardo, summed up the good times at the Uprising. "The Spring Festival has the problem of being two weeks before the end of school. Thus there is little social interaction since everyone splits for the summer. Then the next fall there are new people. The Uprising gives you the chance to know others, the clubs and different talents at Canada. And then you've got the rest of the year to learn more about them. I love it," concluded Fajardo.

Soccer Preview

The word around the Camino Norte Soccer Conference is 'Canada.' Although the Colts are not at full strength right now, they are still the odds-on favorites to capture the conference title.

Last years champion, West Valley, is no longer in the conference, thereby eliminating a major factor on Canada's bid for the conference title. The main competition will be provided by College of Marin. Los Medonos and Alameda round out the rest of the league.

Los Medonos coach Walt Roberts is in the process of beginning a soccer program. This will be their first year of competition. Robert's feels that Canada, with its long established soccer program, should be an easy victor.

Vic Petreshene, in his first year at College of Marin concurs. "No question about it. You have to put them favorites."

Just why are the Colts favored? One reason is their superb defense. They held last years Nor-Cal champion Chabot to one goal in two games. They also have four shutouts to their credit.

Bruce Bergantz is perhaps the best defensive player the COLTS have. He has a very strong foot and not many balls pass his area. If by chance they do, there is always Jim Draper.

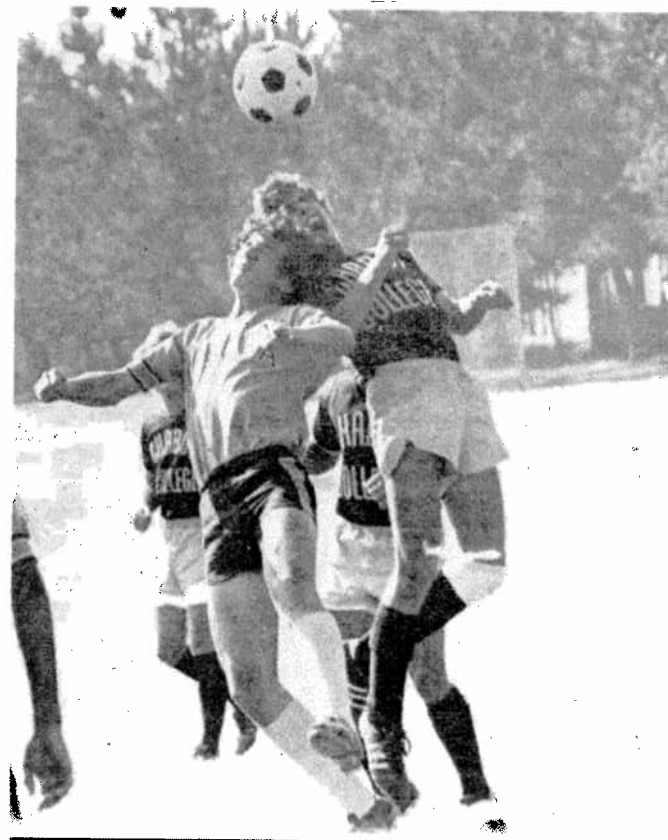
Draper will be in the net once again for Canada. He played an excellent game against Chabot last week, making some brilliant saves. The defense has made it a joy to be goalie.

Robert Chavez has been playing well at halfback. The only bad point is the injuries to a couple of key players. Rigo Prado and Scott McBain both have foot ailments. They are hoped to be ready when league play begins tomorrow.

Here is the predicted outlook for the 1974 C.N.C. soccer championship.

Place	Odds
1. Canada	(1-2)
2. Marin	(5-1)
3. Alameda	(8-1)
4. Los Medonos	(50-1)

So if you want to enjoy good quality soccer, Canada opens its bid for a State Championship tomorrow against Los Medonos. The game will be played on our home field at 3 p.m.



Master Plan In Process

(Continued from Page 1)

"It'll likely examine the program emphasis on each campus. We also plan to look into the alternatives of off-campus District offices," stated Cannon.

Cannon would like to see a clearing house of information in the District. He believes it would have to be a large room to house the enrollment projections, plans for the future and District statistics.

"Instead of having the District makeup in desk drawers between San Bruno and Redwood City, I'd like to see one room where all the information could be stored, so any citizen could see what their college tax is buying," asserted Cannon.

Cannon was optimistic in bringing the three colleges' day-to-day needs closer to the district's administrative con-

cerns. So the District will work more as a tight unit in responding to the community needs.

"It's going to happen. You've got good talent on these campuses and in the District offices. They all have the excitement and brains to implement the projects needed for the future," concluded Cannon.

